

Advisement Fall Trip Suggested Packing List

Weather in the mountains of Colorado can be highly variable. It can be very hot during the day and VERY cold at night. Extra warm layers are a MUST. It is also possible that it will rain, so rain gear is strongly advised. Sunscreen is also essential!

Essentials:

- Sleeping bag
- Sleeping pad
- Pillow
- Hiking shoes or tennis shoes
- At least one other pair of shoes (in case your first gets wet)
- Rain jacket
- **Warm jacket (for cold evenings)**
- **Warm hat and gloves (for cold evenings)**
- Sweater/sweatshirt/fleece
- Two to three sets of clothes including underwear and **warm socks**
 - Jeans/comfortable pants
 - At least one other pair of pants (in case your first gets wet)
 - Shorts
- Pajamas
- Water bottle
- Daypack/backpack
- Sun hat
- Sunglasses
- Sunscreen
- Plastic bag for wet clothes
- **Flashlight/headlamp**
- Extra batteries
- Swimsuit
- Towel
- A pen/pencil and small notebook

Toiletries:

- Toothbrush, Toothpaste
- Deodorant
- Feminine hygiene products
- Sunscreen
- Bug spray
- Chapstick

Optional:

- Money for town
- Camera
- Wristwatch
- Sports equipment, board games
- Lotion
- Blanket

NO ELECTRONICS PLEASE. THIS INCLUDES IPODS, CELL PHONES, etc.